



STUDENT WELLNESS FACILITATOR



WE ARE PLEASED TO ANNOUNCE THAT THE ROLE OF FAMILY SCHOOL LIAISON WORKER (FSLW) HAS EVOLVED INTO THE STUDENT WELLNESS FACILITATOR (SWF) AS PART OF OUR HEALTH AND WELLNESS TEAM. OUR SWF PLAYS A VITAL ROLE IN SUPPORTING STUDENTS WHO MAY BE FACING SOCIAL, EMOTIONAL, OR BEHAVIORAL CHALLENGES. BY WORKING CLOSELY WITH STUDENTS, FAMILIES, SCHOOL STAFF, AND COMMUNITY PARTNERS, OUR SWF HELPS CREATE A STRONG SUPPORT NETWORK TO PROMOTE STUDENT WELL-BEING.

THE SWF PROVIDES STRENGTH-BASED COACHING, HELPS STUDENTS SET AND ACHIEVE GOALS, AND OFFERS STRATEGIES FOR MANAGING STRESS AND BUILDING RESILIENCE. WHILE NOT A THERAPIST, OUR SWF IS HERE TO LISTEN, OFFER GUIDANCE, AND CONNECT FAMILIES WITH COMMUNITY RESOURCES. IF YOU HAVE ANY QUESTIONS OR NEED SUPPORT, PLEASE REACH OUT.

SPARLING

SARAH DAVIDSON
STUDENT WELLNESS FACILITATOR



REFERRALS

- ✓ REFERRALS TO THE SWF MAY BE MADE BY:
 - INDIVIDUAL STUDENTS
 - FAMILY MEMBERS
 - SCHOOL STAFF
 - COMMUNITY AGENCIES

- ✓ REFERRAL FORMS CAN BE FOUND ON THE BRSD WEBSITE OR TALK TO YOUR SCHOOL ADMINISTRATOR